



# Resource List

## Introduction

*The Connected Child* by Karyn B. Purvis, Ph.D. and David R. Cross, Ph.D.  
*The Connected Parent* by Karyn B. Purvis, Ph.D. and Lisa Qualls  
*The Whole-Brain Child* by Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.  
*TBRI® An Overview* - a video short (37 min) from the Karyn Purvis Institute of Child Development at TCU  
*Parenting from the Inside Out* by Daniel J. Siegel, M.D. and Mary Hartzell, M.Ed.  
*The Power of Showing Up* by Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.  
*Anatomy of the Soul* by Curt Thompson, M.D.

## ACES / Trauma

*The Deepest Well* by Nadine Burke Harris, M.D.  
*What Happened to You?* by Bruce D. Perry, M.D., Ph.D. and Oprah Winfrey  
*The Boy Who Was Raised as a Dog* by Bruce D. Perry, M.D., Ph.D. and Maia Szalavitz  
*The Body Keeps the Score* by Bessel van der Kolk, M.D.  
*Childhood Disrupted* by Donna Jackson Nakazawa

## Educators

*Beyond Behaviors* by Mona Delahooke, Ph.D.  
*Lost at School* by Ross W. Greene, Ph.D.  
*Connections Over Compliance: Rewiring our Perceptions of Discipline* by Lori L. Desautels, Ph.D.

## Sensory

*The Connected Therapist: Relating Through the Senses* by Marti Smith, OTR/L  
*The Out-of-Sync Child* by Carol Stock Kranowitz, M.A.  
*The Out-of-Sync Child Has Fun* by Carol Stock Kranowitz, M.A.  
*In-Sync Activity Cards* by Joye Newman, M.A. and Carol Kranowitz, M.A.  
*Understanding Your Child's Sensory Signals* by Angie Voss, OTR  
*The Kids' Guide to Staying Awesome and In Control* by Lauren Brukner  
*Raising a Sensory Smart Child* by Lindsey Biel, M.A., OTR/L and Nancy Peske  
*I Love You Rituals* by Becky A. Bailey, Ph.D.

## Post-Adoption

*Before You Were Mine* by Susan TeBos and Carissa Woodwyk  
*Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past* by Betsy Keefer and Jayne E. Schooler

## Children's Books

Books by Cindy R. Lee, LCSW, LADC  
*The Elephant with Small Ears*  
*The Penguin and the Fine-Looking Fish*  
*Doggie Doesn't Know "No!"* - illustrated by Kent Hathaway  
*Baby Owl Lost Her Whoo*  
*It's Tough to Be Gentle: A Dragon's Tale*  
*Little Branch Gets Adopted* by Sherrie Eldridge; illustrated by Joani Rothenberg

*Poppy and the Overactive Amygdala* by Holly Provan and Eric Provan

#### Websites

[empoweredtoconnect.org](http://empoweredtoconnect.org) **Empowered to Connect (ETC)** is an attachment-rich, community-focused program that exists to support, resource, and educate caregivers

[tapestryministry.org](http://tapestryministry.org) **Tapestry** supports and equips local churches and families with the tools and resources to wrap around and bring healing to adoptive and foster parents, children and their families

[child.tcu.edu/resources](http://child.tcu.edu/resources) **Karyn Purvis Institute of Child Development** is a research-based institute with a primary focus on training professionals who work with children from “hard places”. Additionally, KPICD offers many resources that are designed for families

[acestoohigh.com](http://acestoohigh.com) **Aces Too High** is a news site that reports on research about adverse childhood experiences (ACEs) and covers how people, organizations and communities are implementing practices. This includes developments in education, juvenile justice, criminal justice, public health, medicine, mental health, social services, and cities, counties and states

Animates by the Karyn Purvis Institute of Child Development (3-4 minutes each)

[TBRI® - Trust-Based Relational Intervention®](#)

[TBRI® Animate: Attachment](#)

[TBRI® Animate: Toxic Stress & the Brain](#)

[TBRI® Animate: The IDEAL Response®](#)

[TBRI® Animate: Human Trafficking](#)

#### Other Animates

[Sensory Processing Disorder: SPD Explained and Simplified by Andy Gattis](#)

[The Attachment Theory: How Childhood Affects Life by Sprouts](#)

#### Educational Videos

[Introduction to TBRI®, KPICD \(1 hour\)](#)

[Empowering, Connecting and Correcting Preview, KPICD \(8-minute video short\)](#)

[Hand Model of the Brain by Dr. Dan Siegel \(2 ½-minute video short\)](#)

[All Rise: For the Good of the Children \(1 ½-minute trailer with link to film\)](#)